

# ***Counselling Services for NVIT students & families at Nicola Family Therapy***

- *Stress*
- *Parenting*
- *Abuse*
- *Family of Origin*
- *Grief*
- *Wellness*
- *Addictions*
- *Relationships*

***No cost for you***

***Call: 250-378-9222***

***2185A Voght Street (City Hall building, ground level)***

***Office Hours: Monday to Friday, 8:30 am to 5:00 pm (closed during noon hour)***